
PRESS RELEASE

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IT Professional turns in his CD-ROMS, Memory Chips and Keyboards in for Stock Pots, Spatulas and Hollandaise Sauce

Los Angeles, CA – July 26, 2002 – After 17 years in the IT industry, Macintosh enthusiast and Windows aficionado Scott Mindeaux, will be retiring from full-time work to pursue a career in the Culinary Arts. After completing courses in Professional Cooking and Professional Baking at The New School of Cooking located in Culver City, CA, he has decided to make the transition to the culinary world.

Mindeaux, a former resident of the Washington DC area, will be making a return to the Nation's Capital in August of 2002. Mindeaux will be running the helm at the Sur La Table Culinary Program for the Washington DC area. "This is a tremendous opportunity for me," said Mindeaux. He will be responsible for developing curriculum, booking local chefs and authors, and developing area themed classes. Scott will be based out of the Sur La Table store located at Pentagon Row in Arlington, Virginia.

Mindeaux, a 35 year old professional currently residing in Redondo Beach, CA has been interested in cooking since he was five years-old. His first memory was cooking up some scrambled eggs in an iron skillet for his mom who was sick in bed at the time. His mother recalls, "He brought the skillet and the eggs to me in bed. The eggs were stuck to the sides of the skillet because he didn't put oil in the pan, but the eggs were tasty." Later, Scott would be making the family meals, cooking at BBQ's and catering small parties.

In 2001, Mindeaux decided to focus his talents in cooking by enrolling in the Professional program at The New School of Cooking. Soon thereafter, Scott started assisting Chefs in other classes, using the opportunity to learn more beyond the program he already was in. Scott started assisting with the Basic series on the recreational side of the school. Basics was a four-week class that met once a week. "When I started assisting, I realized that I was learning thru the students we were teaching. Students would come to me for help and I knew how to help them." Mindeaux said. "It was very rewarding."

When asked about making the transition, Scott said, "This wasn't an easy decision for me. Although I have made some difficult decisions in my past, the decision to move from IT to culinary was a difficult one. But this is what I've always wanted to do and I know that I will be happy. That's what's important."

This isn't Scott's first long distance move. After an almost 10 year stint in the Washington DC area, Mindeaux moved back to Los Angeles to take care of some personal and professional growth issues. With that journey almost complete, Mindeaux will be making his official return to the Washington DC area on August 24th of this year.

Scott will be available for coffee, and the like, while visiting DC from August 10 thru the 12 while he secures housing in the area. He looks forward to meeting old co-workers, re-kindling friendships and forming new relationships upon his return to DC. "I have missed everyone while I was in LA. When I left DC, I left friends, my mentors and my support structure behind. I look forward getting to know you all again soon." he said.

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